



University Club Year Round Junior Tennis Clinics



Program Goal: Our goal is to help you and your family take your tennis game to the next level, build friendships, get a great work out and have fun in the process.

We look to provide all juniors with the opportunity to improve their tennis and develop skills in a flexible program which is fun, motivating, nurturing and inspiring.

Level Descriptions

<p>Level 1 Little Stars (ages 4-6) <i>Red Dot Balls</i> This is a fun introduction to tennis with an emphasis on hand eye coordination, movement and fun games</p>	<p>Level 4: Advanced/Tournament Training <i>Yellow Ball Players</i> (invite only) Designed for the player that wants to start competing in the novice/ challenger USTA events. This is more intense than the Advanced Stars. The players in this program have a good grasp on the fundamentals of the game. Strategy, technique and match practice are a major component in this program.</p>
<p>Level 2: Future Stars (ages 7-12) <i>Orange Balls</i> Players are grouped by ability levels and range from beginners to novice players who have some private instruction. These players will be working on the ability to sustain a rally and consistently get their serves in. Emphasis will be on the development of proper fundamentals, learning how to keep score, basic rules, playing games that increase a player's court awareness and having fun!</p>	<p>Level 5: High Performance / Tournament Training <i>Yellow Ball Players</i> (invite only) This is an intense, rigorous program. The Junior High Performance players will be trained to compete in USTA tournaments, high school and college play. Players must be prepared to work very hard and commit to practicing and goal setting. All phases of the game: physical, mental and tactical will be worked on.</p>
<p>Level 3: Player's Club (ages 7-12) <i>Green Dot & Yellow Balls</i> Designed for advanced players who are still working on their technical skills and need more match play experience. These players want to eventually move up into the Level 4 or 5 of Junior Performance Program. Proper fundamentals will be stressed, along with drills, conditioning, and singles & doubles strategizing.</p>	

Clinic Schedule

**All clinics are drop in, therefore very flexible*

Monday &/or Wednesday: 4:00-5:30 Little Stars Red Dot ages 4-6, Future Stars Orange Ball Players, ages 7-12
5:00-6:30 Players Club Green & Yellow Ball Player, ages 7-12

Tuesday &/or Thursday 4:00-5:30 Future Stars Orange Ball & Players Club Green Dot

Pricing Options

Platinum and Silver packages are allotted one additional month to complete clinics

Platinum Package
2 clinics per week

(12 weeks – 24 clinics)
\$624 Member
\$792 Non Member
(\$26/\$33 per clinic)

Silver Package
1 clinic per week

(12 weeks – 12 clinics)
\$372 Member
\$480 Non Member
(\$33/\$40 per clinic)

Daily Drop in Rate

\$42 per clinic Member
\$47 per clinic Non Member

Seasonal Billing Policies:

Platinum and Silver packages are allotted one additional month to complete clinics.

There are no refunds or exchanges once a clinic session has started.

Junior Buddy Deal: If you bring a friend who has never been to one of our clinics, you both get that clinic free!

How to Register:

You can find printable versions of the registration form on our website in the Juniors section of www.ucpalalto.com. Completed forms can be emailed to mbentley@ucpalalto.com or turned into the Tennis Office during business hours.

Non Members must submit payment by check upon registration. Checks should be made out to University Club of Palo Alto. We do not accept credit cards or cash.

Registration Form:

Player Name: _____

Age: _____ Member Number _____ Non Member (please circle)

Package Desired: (*circle one*) Platinum (24 clinics) Silver (12 clinics) Drop in (1 clinic)

Parent Name: _____

Phone Number: _____

Email Address: _____